

## TrIGR

**Category**

PTSD/TBI

**Enrollment Closing Date**

Oct 1, 2019

**Description**

TrIGR is a research study focused on how to help Veterans with feelings of guilt from a trauma. If you feel guilt or regret for something you did or did not do during deployment, TrIGR might be the right place to begin or continue moving toward recovery.

**Requirements**

Served in Iraq or Afghanistan. Feelings of guilt or regret for something you did or did not do during deployment.

**Benefits**

Individual treatment for guilt or regret

**Contact  
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